

Suggested Use: As a dietary supplement, mix one scoop per 8-10oz of water. Shake well for the best consistency and flavor.

This product is best consumed during exercise or in between meals.

WARNING: Consult your physician before use if you are pregnant, lactating, have a medical condition, including but not limited to diabetes or kidney or liver conditions, or are taking any medication. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



†INSTAMINOS is a trademark and brand of Compound Solutions, Inc..



ALANINU

BCAA

SOUR GUMMY

NATURAL & ARTIFICIALLY FLAVORED



30
SERVINGS
DIETARY SUPPLEMENT
NET WT. 8.36oz | 236g

- MUSCLE RECOVERY*
- ENDURANCE*
- HYDRATION*

Supplement Facts

Serving Size: 1 Scoop (7.9g)
Servings per Container: 30

| | Amount Per Serving | %DV |
|---------------------------------------|--------------------|-----|
| Sodium (as Sodium Chloride) | 59 mg | 3% |
| Potassium (as Potassium Gluconate) | 25 mg | 1% |
| InstAminos ^{®†} L-Leucine | 2.5 g | ** |
| InstAminos ^{®†} L-Isoleucine | 1.25 g | ** |
| InstAminos ^{®†} L-Valine | 1.25 g | ** |
| L-Glutamine | 500 mg | ** |

**Daily Value (DV) Not Established

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Silica, Sucralose, Beet Root Extract, Acesulfame Potassium.

Distributed by:



Alani Nutrition LLC
Po Box 35159 | Louisville, Ky 40232
www.Alaninu.com

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor..