

Built By Science. Driven By Obsession. Elevated Through Innovation.

If it's on our labels, then it's in our bottles. A premium nighttime protein for extended nutrient delivery while you sleep.\*

Proven Ingredients. Proven Doses, Clinical Quality. Real Science. Real Results.

# BEYOND RAW® ISO-CASEIN P.M.

PREMIUM SLOW-DIGESTING  
NATIVE MICELLAR CASEIN &  
RESTFUL SLEEP SUPPORT\*

**VANILLA**

NATURAL & ARTIFICIAL FLAVOR

25g

PROTEIN

5.5g

BCAA

3mg

MELATONIN

200mg

Suntheanine®

25 SERVINGS

DIETARY SUPPLEMENT

NET WT 34.22 OZ (2.14 LB) 970 G

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. For More Information: 1-888-462-2548 [BEYONDRAW.COM](http://BEYONDRAW.COM) Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

CODE 369861

DSG

**DIRECTIONS:** As a dietary supplement, mix one level scoop with 10 fl. oz. of cold water 30-45 minutes before bedtime.

## Supplement Facts

Serving Size 1 Scoop (38.8 g)  
Servings Per Container 25

| Amount Per Serving   | % Daily Value   |
|--|-----------------|
| Calories   | 120             |
| Total Fat  | 0.5 g 1%†       |
| Cholesterol  | 25 mg 8%        |
| Total Carbohydrate   | 4 g 1%†         |
| Total Sugars   | 2 g             |
| Protein  | 25 g            |
| Calcium  | 650 mg 50%      |
| Sodium   | 190 mg 8%       |
| Potassium  | 100 mg 2%       |
| <b>BCAA</b>  | <b>5.5 g</b>    |
| L-Leucine (as Micellar Casein Isolate and L-Leucine)   | 2.7 g           |
| L-Valine (as Micellar Casein Isolate)  | 1.5 g           |
| L-Isoleucine (as Micellar Casein Isolate)  | 1.3 g           |
| <b>Relaxation &amp; Restful Sleep</b>  | <b>10.5 g</b>   |
| Glutamic Acid & Glutamine (as Micellar Casein Isolate and L-Glutamine)   | 10 g            |
| Tryptophan (as Micellar Casein Isolate)  | 300 mg          |
| Suntheanine® L-Theanine  | 200 mg          |
| Melatonin  | 3 mg            |
| <b>Digestive Enzymes</b>   | <b>256.7 mg</b> |
| Proteolytic® Protease Enzyme Blend (Proteases from <i>Bacillus subtilis</i> and <i>Ananas comosus</i> ) (87,500 HUT) | 250 mg          |
| Lactase  | 6.7 mg          |

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Native Micellar Casein Isolate, Natural and Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sodium Chloride, Sucralose, Acesulfame Potassium, Trisodium Citrate Dihydrate, Tripotassium Citrate, Rice Dextrin, Silicon Dioxide.

**CONTAINS:** Milk and Soybeans.

**WARNING:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Discontinue use two weeks prior to surgery.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

Gluten Free.

Suitable for a low-lactose diet.

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