

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. This product contains EGCGs from green tea. Niacin may cause a temporary flushing reaction.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

For More Information:  
1-888-462-2548

GNC.com  
Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GNC  
**earth**  
GENIUS™

# Women's Multivitamin

Cultured vitamins & minerals,  
fruits & veggies plus women's  
health support\*

gf      non gmo      V  
gluten free      non gmo      vegetarian

DIETARY SUPPLEMENT | 120 VEGETARIAN CAPLETS | 60-DAY SUPPLY

**CODE 218722**

**DIRECTIONS:** As a dietary supplement, take two caplets daily with food.

ETG

## Supplement Facts

Serving Size Two Caplets/Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin A	1500 mcg .....167%
Vitamin C	100 mg .....111%
Vitamin D	25 mcg (1000 IU) .....125%
Vitamin E	201 mg .....134%
Vitamin K	80 mcg .....67%
Thiamin (Vitamin B-1)	5 mg .....417%
Riboflavin (Vitamin B-2)	5 mg .....385%
Niacin	25 mg .....156%
Vitamin B-6	25 mg .....1471%
Folate	667 mcg DFE (400 mcg Folic Acid) .....167%
Vitamin B-12	150 mcg .....6250%
Biotin	300 mcg .....1000%
Pantothenic Acid	25 mg .....500%
Calcium	50 mg .....4%
Iron	18 mg .....100%
Iodine	150 mcg .....100%
Magnesium	25 mg .....6%
Zinc	20 mg .....182%
Selenium	200 mcg .....364%
Copper	2 mg .....222%
Manganese	2 mg .....87%
Molybdenum	75 mcg .....167%

**Amount Per Serving**      **% Daily Value**

### Fruit & Vegetable Antioxidant Blend...50 mg .....\*

Spectra™ Total ORAC Blend of: Green Coffee Extract, Broccoli Sprout Powder, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Extract, Quercetin, Tomato Powder, Broccoli Powder, Acai Fruit Powder, Turmeric Root Extract, Garlic Powder, Basil Leaf Powder, Oregano Leaf Powder, Cinnamon Bark Powder, Elderberry Fruit Powder, Carrot Powder, Mangosteen Fruit Powder, Black Currant Fruit Extract, Blueberry Fruit Extract, Sweet Cherry Fruit Powder, Blackberry Fruit Powder, Chokeberry Fruit Powder, Raspberry Fruit Powder, Spinach Leaf Powder, Kale Leaf Concentrate, Bilberry Fruit Extract, Brussels Sprout Powder

Lycopene .....1 mg .....\*

Zeaxanthin .....400 mcg .....\*

(from Marigold Flowers Extract)(*Tagetes erecta*)

### Women's Health & Beauty Blend .....17 mg .....\*

Cranberry Fruit Powder (*Vaccinium macrocarpon*)

Horse Chestnut Seed Extract (*Aesculus hippocastanum*)

Lutein (from Marigold Flowers Extract)(*Tagetes erecta*)

### Digestive Health & Comfort Blend .....20 mg .....\*

Ginger Root Extract (*Zingiber officinale*)

(5% Gingerols = 0.5 mg), Cellulose, Bromelain, Papain

\* Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Iron HPC†, Cultured Niacinamide‡, Cultured Ascorbic Acid‡, Croscarmellose Sodium, Calcium Ascorbate, Hydroxypropyl Methylcellulose, Cultured Zinc Oxide‡, Calcium Carbonate, Hydroxypropylcellulose, Cultured Calcium d-Pantothenate‡, d-alpha Tocopherol, Magnesium Oxide, Dicalcium Phosphate, Stearic Acid Vegetable Source, Pyridoxine Hydrochloride, Calcium d-Pantothenate, Cultured Copper Sulfate‡, Cultured Manganese Sulfate‡, Silicon Dioxide, Magnesium Stearate Vegetable Source, Ergocalciferol, Zinc Oxide, Cultured Riboflavin‡, Cultured Pyridoxine Hydrochloride‡, Cultured Vitamin A Palmitate‡, Niacinamide, Cultured Thiamin Hydrochloride‡, Thiamin Hydrochloride, Spirulina Extract (Color), Vegetable Acetoglycerides, Cultured Phytonadione‡, Magnesium HPC‡, Cultured Folic Acid‡, Riboflavin, beta-Carotene, Potassium Iodide, Polyethylene Glycol, Riboflavin (Color), Cultured Biotin‡, Cultured Sodium Selenate‡, Cupric Sulfate, Medium Chain Triglycerides, Cultured Sodium Molybdate‡, Polysorbate 80, Molybdenum HPC‡, Ethylcellulose, Cultured Cyanocobalamin‡, Folic Acid, Biotin, Methylcobalamin, Triacetin, Selenium Yeast, Phytonadione, Diacetylated Monoglycerides, Oleic Acid. † HPC (Hydrolyzed Protein Chelate). ‡ Contains Cultured Sources of Vitamins and Minerals (Cultured on Rice Protein, Yeast, Molasses, Papain, Bromelain, Gum Arabic and Maltodextrin).